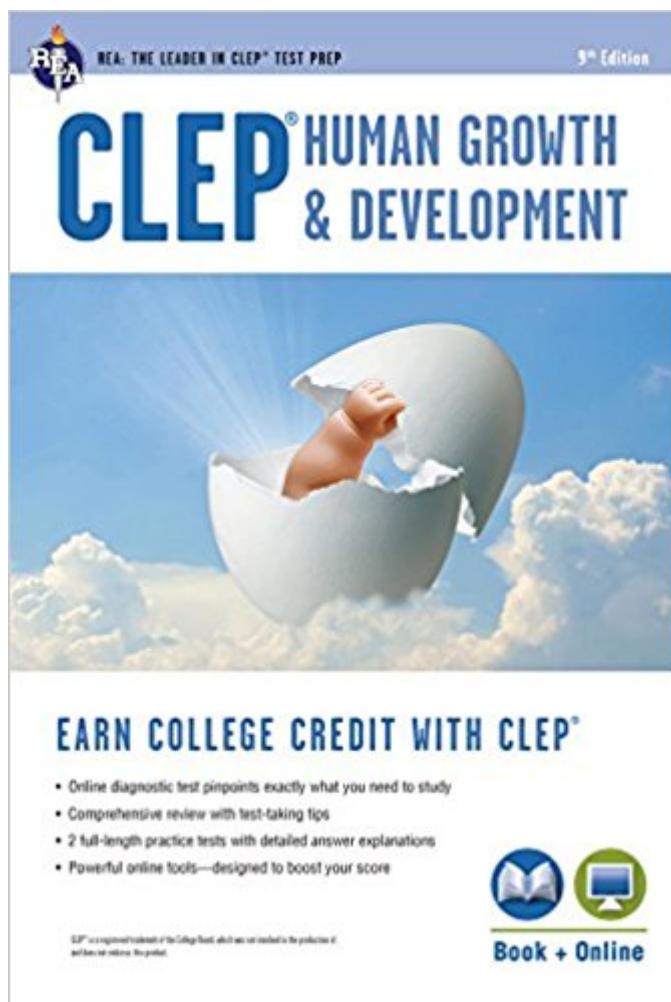


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CLEP® Human Growth & Development Book + Online (CLEP Test Preparation)



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Patricia C. Heindel, Ph.D., is professor of psychology and area chairperson, Human and Social Development, at the College of Saint Elizabeth in Morristown, New Jersey. She received her bachelor's degree in psychology from Rowan University and her Ph.D. in psychology from Rutgers University. Her professional research focuses particularly on the development of perception and memory. Dr. Heindel teaches undergraduate courses in research methods, developmental psychology, cognitive psychology, and sensation and perception, as well as graduate courses in counseling research.

This book highlights and summarizes important concepts, but not in enough detail. I read through most of it and did all of the practice tests it includes, studying intermittently for about 3 weeks, and I

received a score of 53; passing but not by much. I found that the questions on the actual test were much more difficult; they were worded differently than the practice tests provided in this book. The actual test also included many theories as well as specific psychologists/theorists. This is the fourth CLEP exam I've taken, and have used this brand of study guides for all and passed all of them (with more than enough points, aside from this one). Overall, it gets the job done if you put in the effort, although I found this particular one to be the least helpful.

Do not be turned off by the cover art of this book! It does not posit that babies hatch from eggs in the sky! I just took my CLEP exam after using this book to prepare. The passing score accepted by many institutions for transfer credit is 50 and I scored a 68. The book has a code inside that allows you access to a diagnostic pre-test and 2 practice tests on their website. The diagnostic test shows you which topics you struggle with the most, so if you're crunched for time, you can target your studying to those specific areas. I studied for 4-5 weeks on and off. I read the chapters and took notes but as my testing date approached, I stopped taking notes because time was short. The book does not go into a lot of depth on the topics, but most are adequately explained. If I encountered a topic that wasn't fleshed out enough, I could look up videos on YouTube or other psychology websites to better understand. The book contains some basic tables and figures but no illustrations. When I took the test (90 questions with a 90 minute time limit), I was a little nervous that there would be a lot of questions that weren't addressed in the book. I would estimate there were only 2-3 questions that I do not recall being addressed in the book. Luckily, so much of Human Growth & Development is pretty common sense, especially if you have children or have been around children. I had never taken a course specifically on this topic, but courses I've taken in General Psychology and Education had delved into this subject matter before. I feel confident recommending this book for those wanting to test out of Human Growth and Development and Lifespan Development courses.

This is arguably the best source to utilize if you need to pass the Clep Human Growth and Development exam. I took the test yesterday and passed with a 62. I would estimate that 85% of the material on the test was covered in this book. The online component was quite helpful, as it mimics the test's conditions and provides you valuable feedback on your strengths and weaknesses. Also, three of the practice test questions were on the actual Clep exam. This book does have its issues, though, in regards to accuracy in at least three instances: (1) Page 33 states, "A correlation coefficient can range in value from 0-1." In truth, a correlation coefficient ranges from -1

through +1, with zero signifying the two variables have no relationship. (2) Page 45 states, "Because so many vital organs and body parts are developing during the embryo stage or second trimester, harmful agents are especially dangerous during this prenatal period." The embryo stage is during the first trimester, not the second. (3) These mislabelings of the stages of prenatal development also occur on pages 42-43, as the text refers to the first trimester as the "germinal period," the second trimester as the "period of the embryo," and the third trimester as the "period of the fetus." Both the germinal stage and the embryo stage occur in the first trimester, with the fetus period occurring in all three trimesters. Overall, these three mistakes do not devalue the book as an indispensable study resource. I know of no other text that covers the material as comprehensively and as concisely as Dr. Heindel's!

Covers most of the material on the test, however the clep test always seems harder than the practice tests. I read a review that said the clep covers Maslow hierarchy of needs but I didn't see that on my clep test. The test gives a lot of examples of situations and then asks what theory or part of a theory it represents. Be sure to remember what theorists belong to each theory and all the parts/stages of each theory. I studied the book in about 5 days and took the practice test (got 75%) and got a 59 on the actual test. If you have good study skills you should have no problem passing.

I studied for five days straight for my CLEP exam and got a 74. I took an intro psyche class three years ago and that's the only other exposure I've had to psychology before this. I had to have a second psychology for a graduate program, I came to this realization fairly late in my application process which is why I decided to CLEP it. I read this book all the way through, made flash cards and looked up some extra details from youtube using the MCAT Kaplan psyche tutorials on the theorists. This book really does cover the meat of the exam. I would also recommend buying the study guide from the CLEP website for the specific test and referencing that against the book. Otherwise this book is a sure bet.

I only used this book with the included practice tests. I scored a 46% on the diagnostic test, a 76% on practice exam I, and a 71% on practice exam II. I also did the Peterson's practice tests, which I got access to for free online through my library account (ask your library about this instead of paying for them :)) I heard that the Peterson's tests were harder than the real CLEP, so I felt great about scoring 82%, 70%, and 77% on them, however I was unpleasantly surprised to only have scored a

63 on the real thing. It's a good score, but I thought I would score much higher than I did.

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